

Module Code:	FAW401
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Module Title:	Developing Personal, Professional & Academic Skills
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Level:	4	Credit Value:	20
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Cost Centre(s):	GASP	<u>JACS3</u> code:	C600, C610
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School:	Social & Life Sciences	Module Leader:	Julian Ferrari
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Scheduled learning and teaching hours	40 hrs
Guided independent study	160 hrs
Placement	0 hrs
Module duration (total hours)	200 hrs

Programme(s) in which to be offered (not including exit awards)	Core	Option
BSc (Hons) Football Coaching and the Performance Specialist	✓	<input type="checkbox"/>
BSc (Hons) Sports Coaching and Performance Development	✓	<input type="checkbox"/>
BSc (Hons) Sport, Health and Performance Science	✓	<input type="checkbox"/>

Pre-requisites
None

Office use only

Initial approval: 13/08/2018
 With effect from: 03/09/2018
 Date and details of revision:

Version no: 3
 Version no: 3

Module Aims

This module aims to:

- Provide opportunities for the identification, evaluation and consolidation of existing skills and competencies in a range of transferable skills.
- Provide opportunities for the practice, development and widening of personal transferable skills which will be appropriate and beneficial for each student's subsequent academic, personal and professional progress.
- Introduce students to a range of relevant software packages.
- Understand and appreciate the underpinning philosophies of qualitative and quantitative research.

Intended Learning Outcomes

Key skills for employability

- KS1 Written, oral and media communication skills
- KS2 Leadership, team working and networking skills
- KS3 Opportunity, creativity and problem solving skills
- KS4 Information technology skills and digital literacy
- KS5 Information management skills
- KS6 Research skills
- KS7 Intercultural and sustainability skills
- KS8 Career management skills
- KS9 Learning to learn (managing personal and professional development, self-management)
- KS10 Numeracy

At the end of this module, students will be able to

Key Skills

At the end of this module, students will be able to		Key Skills	
1	Demonstrate personal, professional and academic skills in a sport/exercise/health environment.	KS1	KS3
		KS4	KS5
		KS6	
2	Describe and analyse qualitative data with basic interpretation.	KS1	KS3
		KS5	KS6
3	Describe and analyse quantitative data with basic interpretation.	KS1	KS3
		KS5	KS6
		KS10	KS10
4	Describe and explain their individual personal, professional and academic development.	KS1	KS2
		KS3	KS4
		KS5	KS6
		KS8	KS9
		KS10	

Transferable skills and other attributes

Communicating clearly in groups and individually, developing and demonstrating IT, problem solving, team-working and researching skills.

Derogations

N/A

Assessment:

Indicative Assessment Tasks:

Assessment 1: Case Study.

The students (in groups of 2 or 3) will be required to complete a case study on a sports performance / health setting of their choice. They will be required to retrieve and analyse statistical and written-text information and present the key findings back to an appropriate audience, whilst also submitting supporting evidence to validate their topic.

Assessment 2: Learning Log.

The students will be required to complete a practice-based portfolio, encompassing a series of mini-projects conducted throughout the year. This will incorporate a range of tasks aimed to develop their personal, professional and academic skills.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)	Duration (if exam)	Word count (or equivalent if appropriate)
1	1,2,3	Case Study	60%		2400 words, 20min oral
2	4	Learning logs/journals	40%		1600 words

Learning and Teaching Strategies:

This module will be delivered with a variety of learning & teaching strategies, which will include a series of mini-projects where students have to complete a range of activities, which will require the development of IT, personal, professional and academic skills. The development of these will include lead lectures, small group work, working in pairs, seminars, practical activities and practical workshops.

Syllabus outline:

Syllabus:

- Life skills, social skills and professional development
- Presentation skills: Written (Word), oral (PowerPoint), other media (social)
- Communication skills Word – writing
- Data Collection and analysis skills (Excel, SPSS)
- Online learning skills
- Team working skills
- Referencing, citation & credibility of data sources
- Time Management
- Personal Development, self-analysis

Indicative Bibliography:**Essential reading**

Burns, T., Sinfield, S. (2012), *Essential Study Skills: The Complete Guide to Success at University* (3rd Ed). London: Sage.

O'Donoghue, P. (2012), *Statistics for Sport & Exercise Studies*. Oxon, Routledge.

Field. A. (2018), *Discovering Statistics Using IBM SPSS Statistics: 5th Ed*. London: Sage.

Other indicative reading

Andrews, D.L, Mason. D,S., and Silk, M.L. (Eds). (2005), *Qualitative Methods in Sports Studies*. Oxford: Berg.

Gratton, C., and Jones, I. (2014), *Research Methods for Sports Studies*. 3rd Ed: London: Routledge.

Salkind, N. J. (2018), *Statistics for People Who (Think They) Hate Statistics* (6th Edition). London: Sage.

Thomas, J.R., Nelson, J.K., and Silverman, S.J. (2015), *Research Methods in Physical Activity* (7th Ed). Champaign Ill: Human Kinetics.

Williams, C.A., and Wragg, C. (2004), *Data Analysis and Research for Sport and Exercise Science : A Student Guide*. London: Routledge.